

What is a power rack?

Created to allow weight lifters to workout safely and effectively without the need for a spotter, the Power Rack has a proven track record of success with top athletes, bodybuilders and powerlifters everywhere.

What is a heavy-duty power rack?

Ideal for home and commercial use. Heavy-duty Power Rack designed to fit in several facilities from home gyms,garage gyms to commercial strength training facilities,sports team weight rooms and more. Constructed with 11-gauge steel frames and oversized industrial-strength hardware,superior durability and is built to withstand.

What is a gpr378 power rack?

Prioritizing easy-to-do workouts, easy-to-achieve results, and equipment that lasts. Freedom of movement combined with adjustable racking and safety positions make the GPR378 Power Rack a must-have for those who want to strength train. The GPR378 is designed to work with all types of benches and engineered for extreme workouts.

How many safeties does a power rack have?

Power Rack includes 2 safetiesand 2 Lift Offs. Quickly move the high-capacity safeties to one of 20 positions,one every 3";for exercise variety. In Home: Lifetime on Frame and all Parts. Commercial: Lifetime Frame,3 Years Parts,1 Year Cables and Grips

What is included in a durafirm power rack?

Extra-thick,DuraFirm pad. Bar saddle included. Leg Extensions are designed for ultimate strengthening of the Knee and Thigh muscles. Leg Curls for maximum concentration of Hamstring and Glute muscles. Power Rack includes 2 safeties and 2 Lift Offs. Quickly move the high-capacity safeties to one of 20 positions,one every 3";for exercise variety.

What is a walk-in workout rack?

A wide walk-in design gives users increased space and comfort when using the rack for a multitude of movements including squats, lunges, rack pulls and deadlifts. Add a Body-Solid bench and open up several new workout possibilities including decline and incline press, bench press, shoulder press and more.

Body-Solid Power Rack - The heavy duty Body-Solid power rack is for weight training in home and clubs, add functionality with lat and dip attachments. Call Us At 800-383-9300; AURORA ... Rugged Warrior MAX Extended Power Rack ...

The Body-Solid GPR400 + GPRFT power rack with functional trainer package is warranted for both residential and light commercial use: Body-Solid Lifetime In ...

Shop Body-Solid Equipment at DICK'S Sporting Goods. If you find a lower price on Body-Solid Equipment somewhere else, we'll match it with our Best Price Guarantee. ... Body-Solid Power ...

The included SPRMB monkey bar attachment bolts the two SPR1000 power racks together creating a perfect platform for multiple users or group exercise For facilities looking to expand ...

Pump up your workouts with Body-Solid strength & cardio equipment from Fitness Factory. Shop now to equip your home gym with the best utilities! Call Us At 800-383-9300; AURORA ... Body-Solid Pro Power Rack Functional Trainer ...

WHATS INCLUDED. The Series 7 Smith Machine GS348B - the most advanced Smith Machine in the industry. Commercial grade construction combined with state-of-the-art biomechanical design; 210 Lb. Selectorized Lat Attachment ...

Body-Solid GPR378P4 Pro Power Rack Package for Weight Training, Home and Commercial Gym. \$1,950.00 \$ 1,950. 00. Test InstaPay \$10.00 off. FREE delivery Feb 10 - 20 . Add to cart ...

Body-Solid's new SPR1000DBBack Commercial Double Extended Power Rack Package is the perfect start for any fitness facility. - SPR1000DBBACK - Pro ClubLine Double Extended ...

The Body-Solid Pro Power Rack is designed to work with all types of benches and engineered for extreme workouts. Heavy-duty 11-gauge high tensile strength steel frames feature all-4-side ...

Body-Solid GPR400 Power Rack - A heavy-duty Power Rack designed to fit in several facilities from home gyms, garage gyms to commercial strength training, sports team weight rooms and more. Constructed with 11-gauge steel frames ...

The GPR378P4 Pro Power Rack Gym Package by Body-Solid Max out your fitness with Body-Solid's complete GPR378 Power Rack Gym Package WHAT'S INCLUDE... View full details Original price \$2,495.00 - Original price ...

Shop all Body-Solid gym equipment: power racks, multi gyms, weight benches, functional trainers and more. Perfect for both residential and commercial gym settings. Free shipping! ... The Body-Solid GPR400 Power Rack with ...

Body-Solid SPR1000 Power Rack. Body-Solid's full commercial power rack, the Pro Clubline SPR1000, features everything you could want on a power rack today. The 3" x 3" 11 gauge steel mainframe gives the Body-Solid SPR1000 a ...

Order the Body-Solid GPR400 Power Rack with Functional Trainer Package from Strength Warehouse USA. Free shipping and a low price guarantee. Buy online today! ... The Body-Solid GPR400 Power Rack with

Functional Trainer ...

Powerline by Body-Solid's PPR1000 Power Rack offers features and reliability on par with our commercial-grade Power Racks at a lower cost. - PPR1000 - Powerline PPR1000 Power Rack ... Commercial Double Power Rack Package ...

The Body Solid Power Rack Pack blends quality and value together in one of the most popular machines for strength training. Power racks are easy to use and provide a high level of safety to free weightlifters.

This comprehensive package combines the legendary GPR400 Power Rack with the innovative GPRFTS Functional Trainer Attachment and protective puzzle mat tiles, giving you everything ...

Complete Home Gym Package: Functional Trainer Power Rack Strength Bundle Transform your home or commercial gym with the Select Fitness X Body Solid... View full details Original price \$6,000.00 - Original price \$6,000.00

Space-Efficient Versatility: Seamlessly integrate the GPRFT Functional Trainer Attachment with your GPR400 Power Rack and instantly gain the functionality of three essential machines: a ...

Body-Solid GPR400 Power Rack. SPR250. Pro ClubLine Commercial Squat Stand. SPR500DBL. Pro ClubLine Back-to-Back Double SPR500 Commercial Half Rack. SPRJAM. Pro Clubline Jammer Arms . SPR1000BACK. Pro ...

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