

What is a body solid pro power rack?

Heavy-duty 11-gauge high tensile strength steel frames feature all-4-side welded construction and oversized industrial strength hardware. Electrostatically applied powder coat finish resists chipping and scratching through the most brutal routines. If you want to get bigger and stronger fast, a Body-Solid Pro Power Rack is what you need.

What is powerline by body-solid's ppr1000 power rack?

Powerline by Body-Solid's PPR1000 Power Rack offers features and reliability on par with our commercial-grade Power Racks at a lower cost.

What is the powerline by body-solid power rack?

EXPANSIVE EXERCISE OPTIONS: Equipped with a 41" wide knurled chinning bar and a full 24" between upright pillars, the Powerline by Body-Solid Power Rack expands your workout potential by accommodating a wide range of exercises from chin-ups to shrugs, ensuring a comprehensive home fitness experience.

How much does a power rack weigh?

Whether your workout regimen includes squats,incline presses,flat bench presses,shoulder shrugs,or calf raises,the power rack makes your routine easy and safe. The rack measures 44 by 82 by 46 inches (W x H x D),weighs 136 pounds,and carries a 10-year warranty on the frame and one-year warranty on all other parts.

What is a power rack?

Created to allow weight lifters to workout safely and effectively without the need for a spotter, the Power Rack has a proven track record of success with top athletes, bodybuilders and powerlifters everywhere.

What is a heavy-duty power rack?

Ideal for home and commercial use. Heavy-duty Power Rack designed to fit in several facilities from home gyms,garage gyms to commercial strength training facilities,sports team weight rooms and more. Constructed with 11-gauge steel frames and oversized industrial-strength hardware,superior durability and is built to withstand.

Power Rack Comparison Chart. Click on images to select multiple models and click Compare button to compare features. Click on ITEM# to go to product page. Models. ITEM # WEIGHT CAPACITY; STYLE; WARRANTY; ...

The Body-Solid Powerline Power Half Rack (PPR500) offers the durability and reliability of fully functional commercial half racks. The PPR500 Half Rack can be expanded and customized with several options and attachments ...

Body-Solid Power Rack Spotter Arms Pair - Perfect for Strength Training, Home Gym Power Cage, Workout Cage, Compatible with Y100 Power Rack and Y120 Half Rack. 5.0 out of 5 ...

The Body-Solid Pro Power Rack is designed to work with all types of benches and engineered for extreme workouts. Heavy-duty 11-gauge high tensile strength steel frames feature all-4-side welded construction and oversized industrial ...

The Body-Solid Tools line of accessories is designed with all users in mind. From medicine balls and slam balls to plyo boxes, pull-up bars and training ropes, Body- Solid Tools accessories cover every facet of fitness and provide gyms ...

Perform high and low pulley exercises including lat pulldowns, rows, biceps curls, shrugs and more in the comfort and stability of a power rack. Plate-loaded attachment allows ...

Whether your workout regimen includes squats, incline presses, flat bench presses, shoulder shrugs, or calf raises, the power rack makes your routine easy and safe. The rack measures 44 by 82 by 46 inches (W x H x D), ...

The GPR400 Power Rack by Body-Solid If you're looking for a quality power rack that will help you get the most out of your workouts, the Body-Sol... View full details Original price \$895.00 Original price \$895.00 - Original price \$895.00 ...

Compatible only with the Body-Solid GPR400 Power Rack. Power Rack not Included with #GPRFT. Maximize your workout space and experience the benefits of free-weight-based power rack workouts, cable-based functional ...

Body-Solid G10B Bi-Angular Gym Spares; Body-Solid GCAB360 Ab/Back Machine Spares; Body-Solid GCBT380 Triceps Machine Spares; Body-Solid GCEC340 Leg Curl Machine Spares; ...

The SPRCUA attaches easily to the Body-Solid GPR400 Power Rack and allows users to create unique muscle isolations with multiple grips for chin-up and pull-up movements. SPRDCB. SPR500 Dual Chin-Up Bar For use with the SPR500 ...

The Body-Solid Pro Power Rack is designed to work with all types of benches and engineered for extreme workouts. Heavy-duty 11-gauge high tensile strength steel frames feature all-4-side ...

Body-Solid's new full commercial extended power rack, the SPR1000Back, features everything you want on a power rack today. The 3" x 3" 11-gauge steel mainframe gives this rack a 1000 lb weight capacity, meaning it'll hold up even ...

The Body-Solid power rack is an affordable 4-post rack for anyone concerned about ceiling height. This rack

stands 79" tall and will work for most home gyms and basement gyms. A Quick Look at the Body-Solid Functional ...

Body-Solid Light Commercial Warranty - For Light Commercial Settings; LIFETIME: Frame & Welds; 3 YEARS: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods; 1 YEAR: Cables, Upholstery, Grips (Normal Wear) Body ...

Enter: Body-Solid's new GPR400 Power Rack! "The Body-Solid GPR400 Power Rack is just 79" tall, solidly constructed, widely customizable, and will be able to take a beating for a long time." The review looks at all aspects ...

Created to allow weight lifters to workout safely and effectively without the need for a spotter, the Power Rack has a proven track record of success with top athletes, bodybuilders and ...

The Body-Solid Power Rack is designed to work with all types of benches, and engineered for extreme workouts. Heavy-duty 11-gauge high tensile strength steel frames feature all-4-side welded construction and oversized industrial ...

Complete with 18 positions, two heat tempered lift-offs and two saber style safety rods so you can keep your exercise routine the way it should be simple and effective. Freeweight plates, FID Bench, Lat station attachment, bars, and ...

Body-Solid GPR400 Power Rack - A heavy-duty Power Rack designed to fit in several facilities from home gyms, garage gyms to commercial strength training, sports team weight rooms and more. Constructed with 11-gauge steel frames ...

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